



Club Poll – Needs and Interventions

(BBB Autism PDF document #17)

Answers were obtained from BBB Autism Online Support Network and BBB Autism egroup.

DISCLAIMER: In the following document, we have included websites to check out all the interventions and subjects that were brought up during our poll. Do not take their inclusion as endorsement by BBB Autism or it's founders. Ensure that you seek your doctor's advice on anything new you are considering. Please remember: if something sounds too good to be true, it probably is. Also, be skeptical of anything that touts itself as a cure or one that works for *every* child on the spectrum. One thing we do know is that different kids respond to different interventions. Please note that all websites may not have been thoroughly checked out by those presenting them, we cannot be held responsible for the websites of others.

I hope you enjoy this poll. If you have any ideas for further polls, please email me at liz@deaknet.com. I have to say, that I learned so much from this one. Thanks to everyone for your participation! Liz

Number of respondents - 22

Number of kids on spectrum – 31 (this number includes 3 kids awaiting diagnoses)

Gender:

Male: 26

Female: 5

Ages:

2 are 18 months

4 are 5 yrs

3 are 8 yrs

2 are 17 yrs

5 are 3 yrs

3 are 6 yrs

1 is 10 yrs

1 is 21 yrs

5 are 4 yrs

2 are 7 yrs

1 is 16 yrs

No answer: 2

Do you think your child's autism/PDD is gastro-intestinally related?

No: 18

No answer/unsure: 3

Yes: 10 (includes one who is allergy related)

Dr. Goldberg's website: <http://neuroimmunedr.com/>

Did your child have later onset autism/PDD (i.e.: normal development until 15 to 18 months)?

No: 15

Yes: 13

No answer/unsure: 3



Have you tried any of the following interventions? No: 29
Yes: 2

Secretin

Article: Autism and Secretin by John Wills Lloyd
<http://curry.edschool.virginia.edu/go/cise/ose/information/secretin.html>

ABA/IBI

No: 12 Yes: 19

“Intensive Behavioral Intervention (ABA)” from ASA http://www.autism-society.org/packages/discrete_trial.html

Floortime

No: 18 Yes: 13

Article: “Floortime: A Treatment for Autistic Spectrum Disorders” Developed by Stanley I. Greenspan, MD <http://home.pacbell.net/jelind/greenspan.html>

PECS/PCS

No: 10 Yes: 21

Article: “The Picture Exchange Communication System” By Andrew Bondy and Lori Frost <http://www.pecs.com/asaPEC3panel.html>. As you can see, PECS is very popular and many members commented that it made a huge difference.

Options Institute (Son Rise Method)

No: 29 Yes: 1 No answer: 1

The Option Institute’s Home page http://www.option.org/cat2000_pg25.html

Fast ForWord

No: 30 Yes: 0 No Answer: 1

Scientific Learning’s Home page <http://www.scilearn.com/>

Miller Method

No: 30 Yes: 0 No Answer: 1

Dr. Miller’s Home page <http://www.millermethod.org/>

Gluten and/or casein free diet

No: 18
Yes: 13 (this includes 3 who saw no change; one who saw very positive changes) GFCF Website (includes instructions, recipes, message board and more)
<http://www.GFCFDiet.com/>



Supplements

No: 16

Yes: 15

The following page includes what's known about herbal remedies, nutritional supplements, some brand-name "natural" remedies or supplements, and a few over-the-counter medications that you may have heard about in connection with Autistic Spectrum Disorder. Many people turn to such remedies because they are concerned about the side effects that could be caused by some medications. Please be aware that many supplements and herbals can result in side effects as well. As always, consult your doctor and follow directions. http://www.patientcenters.com/autism/news/sup_reference.html

Some general and ordering information: <http://www.kirkmanlabs.com/kirk-autism-f.html>

Cod Liver Oil: "Is There a Cure for Autism?"

<http://speciald.about.com/education/speciald/library/blcureautism.htm>

Medications (if so, which ones?)

No: 12

Yes: 15

No answer: 3

Albuterol Inhaler: <http://www.cheshire-med.com/services/pharm/meds/albuterol.html>

Zantac: <http://www.acidrelief.com/conaffairs/zantac.shtml>

Vicodin: <http://www.healthsquare.com/pdrfg/pd/monos/vicodin.htm>

Nystatin: article "The Candida Yeast-Autism Connection"

<http://www.autism.org/candida.html>

Brief summaries of the medications mentioned below, can be found here:

http://www.patientcenters.com/autism/news/med_reference.html

Adderal, Clonidine, Depakene (Valproic Acid), Depakote, Imiprimine (see Trofanil) Clonopin, Paxil, Prozac, and Regulin: see Nitomin, Risperdal, Ritalin, Secretin, Tegretol, Xanax, Zoloft

Unfortunately, I could find nothing on "Urocholines". If anyone has any information, please forward it to me at liz@deaknet.com.

Another item you may find interesting is the inside view on medications from Temple Grandin, an adult living with autism: <http://www.autism-society.org/packages/medication.html#perspective>

Occupational Therapy

No: 8

Yes: 19

No answer: 4

<http://www.aota.org/featured/area6/links/link02d.asp>



Other (if so, which ones?)

TEACCH: <http://www.unc.edu/depts/teacch/>

Positive Behavioral Supports (PBS): <http://www.ccps.ga.net/bip/bip.htm>

Functional Communication Training: <http://www.behavior-consultant.com/discuss-fct.htm>

Sign Language: <http://www.autism.org/sign.html>

Willbarger Protocol (brushing): Unfortunately, information on this method is no longer being offered online. Please contact your OT for information.

SLP: <http://www.herring.org/speech.html>

Sensory Diet: <http://www.saveachild.com/parentspeak/phillips.htm>

Special Ed Preschools: book: Preschool Issues in Autism

http://www.specialneeds.com/store/product.asp?subject_id=7&sku=5784

Cranial Sacral Therapy (Massage):

<http://www.uml.edu/centers/CHP/CompMed/carnsac.htm>

Holistic Healing: <http://www.attunement.com/category.htm>

Dye Elimination (allergies and autism): <http://www.autism.org/allergy.html>

Glen Doman Method: http://www.iahp.org/staff/glenn_doman.html

Doman/ Delacato Method: <http://www.autism-pdd.net/treaforme.html#Delacato>

Massage with scented oils: Aromatherapy For ADHD And Autism In Children

<http://home.freeuk.net/aromatherapist/>

Music Therapy: <http://www.mtabc.com/autism.html>

Auditory Integration Therapy (AIT): <http://www.daviscenter.net/ait.htm>

Counseling: I mostly found websites endorsing individual practitioners in this area.

Personal counseling can be helpful. Ask your family physician for a referral.

Play Therapy: <http://ericcass.uncg.edu/single/landreth.html>

Irlen Lenses: “Scotopic Sensitivity Syndrome and the Irlen Lens System”

<http://www.autism.org/irlen.html>

Typical Peer Modeling, peer helping: <http://www.peer.ca/Biblio2.html>

Are you receiving any interventions through your child's school?

No: 3

Yes: 27

No answer: 1

Are you content with the services and funding offered in your area?

No: 21

Yes: 7

Somewhat: 3

Which of the above interventions would you like more information on?

General Information on Treatments in Autism: <http://www.healing-arts.org/children/autism-treatments.htm>

Sensory Integration, Fast ForWord, medications, supplements, nutrition, PECS/PCS, Miller Method, Son Rise (Option Institute), Floortime, ABA, verbal behavior – descriptions provided above

GFCF: Explanation of the GFCF Diet <http://www.gfcfdiet.com/Explanationofdiet.htm>



Facilitated Communication: http://www.autism-society.org/packages/facilitated_communication.html

Holding Therapy: <http://www.autism-pdd.net/treaforme.html#Holding>

DMG: <http://www.bulkmsm.com/DMG/web2.htm>

Higashi: <http://www.bostonhigashi.org/>

Autism and Animals: http://www.grandin.com/references/animal_consciousness.html

Chelation of Mercury: <http://www.healing-arts.org/children/holmes.htm>

Pivotal Response Training: http://www.bbbautism.com/ther_prt.htm

Melatonin: <http://www.autism.org/melatonin.html>

What's New?

Live Cell and Stem Cell Therapy: <http://www.healing-arts.org/children/cell.htm>

The Myelin Project: <http://www.autismuk.com/index13.htm#MYELIN>

The "AZ" Method: <http://www.cypnet.com/research/azmethod/>

Anti-Yeast Therapy: <http://www.healing-arts.org/children/antifungal.htm>

Gentle Teaching: <http://www.cresources.org/gentle/>

Flexyx Therapy: <http://www.autism-pdd.net/treaforme.html#Flexyx>

Yoga: <http://www.specialyoga.com/autism.htm>

Hyperbaric Oxygen: <http://www.healing-arts.org/children/hyperbaric.htm>

Hippotherapy: <http://www.hyperionfarm.com/faq.htm>

Earbonics: <http://www.calpoly.edu/~jrolfe/Client%20Observation%201.htm>

Service Dogs: <http://www.tdog.com/svc.htm>

Miscellaneous

Quackwatch lists controversies and "too good to be true" methods. They also have a "search function": <http://www.quackwatch.com/>

Therapist Finder: <http://www.therapistfinder.net/>

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